# [Finnish Education In-depth Exploration and Finnish Culture and Winter Sports Experience Children Camp - the Memory of Timeless]

Education has always been the topic of concern to parents. Finnish education method has demonstrated the positive impact of learning through various tests. With the support of Jämsä City Hall, Himos presents an indepth exploration of Finnish educational travel camp. We arranged 2.5 days in Finnish school, let children from all over the world can join the courses with Finnish students under Finnish education method, to inspire the interesting of learning and enhance the international point of view. Besides that, we will take children to Serlachius Museums to know the story of power of change, not mention the funniest Husky Sprint Ride with Alaskan Dogs, Ice Fishing on the Icy Lake and visit Moose Manor estate and moose park. So special and interesting itinerary will surely give children to have an unforgettable holiday.

Number: TL-1951

Price: EUR / person

Days of Camp Trip: 8 days & 7 nights

Age Group: 6 – 10 yo. with adults, 11-13 with adults or 13 – 16 with adults/hosted

Number of Group: Min. 10 people

Offer is valid for: January to April

Suggested Preliminary Timetable: Can be customized by request

	Morning	Afternoon	Evening
Day 1	16:00 Arrival and Check in		
Day 2	9:00-11:00	14:00-17:00	18:00-19:00
	• Alpine Curling	Downhill skiing (Beginner level)	Dinner
	• Kick Sled on the Icy Lake		
Day 3	9:00-12:00	13:00-16:00	18:00-19:00
	Mänttä, Serlachius Museums	Mänttä, Serlachius Museums	Dinner
Day 4	9:00-12:00	13:00-16:00	18:00-19:00
	Petäjävesi	<ul> <li>Husky Sprint Ride with Alaskan</li> </ul>	Polar Night Tour -
	<ul> <li>Petajävesi Old Church</li> </ul>	Dogs	Walking in the Town
	• Rantapirtti Inn	<ul> <li>Ice Fishing on the Icy Lake</li> </ul>	
Day 5	9:00 - 9:30	12:00 - 12:45	18:00-19:00
	Introducing to the local school	Lesson	Dinner
	9:30 - 9:45	12:45 - 13:00	
	School break	Break	
	9:45 - 10:30	13:00 - 13:45	
	Lesson	Lesson	
	10:30 - 11:00	13:45 - 14:00	
	School Lunch and break	Break & end of school day	
	11:00 - 11:45	15:00 - 17:00	

	Lesson	Visit Moose Manor Moose Park	
	11:45-12:00		
	Break		
Day 6	9:00 - 9:30	11:45-12:00	19:00-20:00
	Lesson 1	Break	Dinner
	9:30 - 9:45	12:00 - 12:45	
	School break	Lesson	
	9:45 - 10:30	12:45 - 13:00	
	Lesson	Break	
	10:30 - 11:00	13:00 - 13:45	
	School Lunch and break	Lesson	
	11:00 - 11:45	13:45 - 14:00	
	Lesson	Break & end of school day	
		15:00 - 17:00	
		Visit Nurmolandia	
Day 7	9:00 - 9:30	14:00 - 17:00	18:00-20:00
	Lesson 1	Cross country skiing experience,	Final Dinner and End
	9:30 - 9:45	winter fun	Ceremony
	School break		
	9:45 - 10:30		
	Lesson		
	10:30 - 11:00		
	School Lunch and break		
Day 8	12:00 Departure		

## Training camp introduction:

The PBL (Phenomenon-based Learning) is a method of implementing and experiencing a certain topic in a group, and by inspiring and stimulating, so students can achieve the best learning outcomes in a subtle way. This teaching method pays special attention to the creation of a cooperative learning environment, as well as the cultivation of learning interests, and trains students to communicate and express their interpersonal skills. Finnish students have a pleasant learning experience under this pedagogy. So, we will lead our children to experience the joy of happy learning.

Himos is a well-known ski resort in Finland with the largest and most diverse ski slopes in the Finnish Central Region. We offer 21 different levels of slopes and 15 lifts for beginners and professionals for enjoying the fun of skiing. Himos is located in Southern Province of Central Finland. When the coldest temperature in winter comes, it is still very suitable for outdoor activities, and won't feel uncomfortable.

In this winter camp, we have planned interesting winter sports for children, such as Kick Sled on the Icy Lake, Cross-country Skiing, etc., and also let the children experience the ice fishing - the unique experience of drilling holes in the frozen lake, and experience the downhill skiing activity for beginners. The Moose Manor and the Nurmolandia Family Farm will give children a new experience of animals.

In addition to children's winter activities, we will visit Finnish primary and secondary school. Children can take classes in school and receive instruction from Finnish teachers directly in the classroom. Course content is diverse, such as nature, physical education, art, cooking classes, etc.. At school days, we will have lunch with Finnish students at the canteen to experience the school life of Finnish students.

One evening, we will have a delicious buffet in the Chinese restaurant in Jämsä. After the meal, we will lead children to the snow-covered but warm fairy-tale Nordic town under the stars of polar night.

The fresh and delicious meals we offer are designed by the Himos' chefs, and the restaurant is stylish. The Nordic-style cottages are extremely comfortable, bringing kids to have the coziest environment to rest after an exciting day.

The unique winter trip, not only lead children to reach the happy learning but also enhance their international vision. Give children's holiday has the most memorable memories. In addition, we have a professional team to arrange and ensure that all activities are carried out under safe conditions. Himos welcomes your children.

## Daily trip planning:

Day 1	16:00	Arrival and Check in
	18:00 - 19:00	Welcome meeting, dinner – Himos Restaurant
Day 2	8:00 - 9:00 9:00 - 11:00 12:00 - 13:00 14:00 - 17:00 18:00 - 19:00 19:00	<ul> <li>Breakfast –Himos restaurant with a variety of choices</li> <li>Alpine Curling</li> <li>Kick Sled on the Icy Lake</li> <li>Lunch - Himos restaurant with Scandinavia nutrition</li> <li>Downhill Skiing (Beginner Level)</li> <li>Dinner</li> <li>Rest in Nordic style cottage</li> </ul>
Day 3	8:00 - 9:00 9:00 - 12:00 12:00 - 13:00 13:00 - 16:00 18:00 - 19:00 19:00	Breakfast –Himos restaurant with a variety of choices Mänttä, Serlachius Museums Lunch - Serlachius Museums Restaurant Mänttä, Serlachius Museums Dinner Rest in Nordic style cottage
Day 4	8:00 - 9:00 $9:00 - 12:00$ $12:00 - 13:00$ $13:00 - 16:00$ $18:00 - 19:00$ $19:00 - 20:30$ $20:30$	Breakfast –Himos restaurant with a variety of choices Petäjävesi • Petajävesi Old Church • Rantapirtti Inn Lunch - Kievari Rantapirtti • Husky Sprint Ride with Alaskan Dogs • Ice Fishing on the Icy Lake Polar Night Tour - Walking in the Town Jämsä Dinner – Chinese Buffet in Jämsä Rest in Nordic style cottage
Day 5	7:45 - 8:30 9:00 - 9:30 9:30 - 9:45 9:45 - 10:30 10:30 - 11:00	Breakfast –Himos restaurant with a variety of choices Introducing to the local school Break School Lesson School Lunch and Break

	11:00 - 11:45 $11:45 - 12:00$ $12:00 - 12:45$ $12:45 - 13:00$ $13:00 - 13:45$ $13:45 - 14:00$ $15:00 - 17:00$ $18:00 - 19:00$ $19:00$	School Lesson Break School Lesson Break School Lesson Break and End of School Day Visit Moose Manor Moose Park Dinner Rest in Nordic style cottage
Day 6	7:45 - 8:30 9:00 - 9:30 9:30 - 9:45 9:45 - 10:30 10:30 - 11:00 11:00 - 11:45 11:45 - 12:00 12:00 - 12:45 12:45 - 13:00 13:00 - 13:45 13:45 - 14:00 15:00 - 17:00 19:00 - 20:00 20:00	Breakfast –Himos restaurant with a variety of choice School Lesson Break School Lesson School Lunch and Break School Lesson Break School Lesson Break School Lesson Break School Lesson Break School Lesson Break and End of School Day Visit Nurmolandia Dinner – Himos restaurant with energy supplement Rest in Nordic style cottage
Day 7	7:45 - 8:30 9:00 - 9:30 9:30 - 9:45 9:45 - 10:30 10:30 - 11:00 11:00 - 11:45 11:45 - 12:00 14:00 - 17:00 18:00 - 20:00 20:00	Breakfast –Himos restaurant with a variety of choices School Lesson Break School Lesson School Lunch and Break School Lesson Break and End of School Day Cross country skiing experience, winter fun Final Dinner and End Ceremony Rest in Nordic style cottage
Day 8	8:00 – 9:00 12:00	Breakfast –Himos restaurant with a variety of choices Departure

## Each activity introduction:

## ◆ Alpine Curling Competition

Knowing the local cultures due to the climate, the Alpine curling is one of the oldest and most interesting group ice activity that can't be missed. The alpine curling, we play in Himos is easier but still fun. The game is divided into several teams and standing at the two ends of the game line. Each person slides the stone along the game line one at a time to hit the big stone at the center point and try to push the opponent's curling stone away. In the central area, the team with the most stones will win. The most interesting thing in the game is that all the teams are trying all the funny ways to slide the stone to reach the center. It is a very exciting and worthwhile team activity.

# Kick Sled on the Icy Lake

Kick sled is the mildest winter activity, but it is also the most traditional and childlike skating sport in winter. The traditional kick sled, welded by iron, can accommodate one person sitting in the front seat, while one is kicking the sled behind, enjoying the relaxed and comfortable, but also a little exciting skating activity. We will take children to the icy lake for sledding and enjoy the special fun on the frozen lake.

# Downhill Skiing (Beginner Level)

We will start with the most basic safety concept under the guidance of the coach, such as how to put on the ski boots, how to check the connection between the ski boots and the ski board, how to walk with the ski boots, how to choose to fall to reduce the injuries, how to hold ski stick, etc.. Later, you will be taught basic skiing techniques, such as how to turn, turn around, stop, how to move in parallel. We will start learning and practicing from the flattest and safe slopes, and you will be able to challenge higher slopes after you learn.

#### The Legendary Museum of Legend – The Power of Change and the Eternal Art Serlachius Museum

Gustaf was born in 1830. Due to his father's early death, his family's economic support was lost, which made him had to drop out of high school. He had run different industries throughout his life, and the turning points of his businesses all were connected to the fire. Gustaf did not have a good reputation in the industry at the time. In order to quickly pursue success, he had always suffered a failure, making him to be irritable and difficult to communicate. He founded his papermaking kingdom in a remote town Mänttä. He succeeded in convincing the government to build a railway line connecting Mänttä to Helsinki. He built the community service school and church needed for Mänttä employees. He had created an epoch-making but continuing employee health care system that allows employees to work without worry. He believes that the future of Finland is education and culture. So he established a library and dedicated to promoting Finnish and Finnish culture. He was born with madness and love for art. In the 18th century, he traveled around the countries and collected various artworks to enrich his collection. He bought a large number of the most outstanding works of art in contemporary Finland to support the cultural development of the Finland. We will visit the paper mill headquarters where he worked and had now changed to a museum. The story of the museum begins with an irritable businessman who pursues the success of his career and also influences the development of a town. Mänttä is now known as the "Town of Culture". The paper industry continues to run in Mänttä and affects the lives of local people. The white smoke rising from the factory's chimney is just like a hundred years ago, but the entire scenario have completely different stories because of one's dreams.

## Gösta's Pavilion

Just as we often hear that the rich second generation did not have enough ability to inherit of family business, Gustaf also faced such a crisis. Eventually he handed his business to his brother's son, Gösta Serlachius. Gösta not only expanded the original business, just like Gustav, both of them were passionate and mission in art. In 1901 Gustaf passed away, at the age of 71. In 1933, Gösta established the Gösta Serlachius Fine Arts Foundation. Unfortunately, he passed away in 1942, Gösta 's son R. Erik Serlachius took over the chairmanship of the Fine Arts Foundation and completed the museum's planning. Gösta's Pavilion was completed in 2014. The pavilion's basic structure consists of more than 100 laminated-timber columns and beams, which support the building and give its distinctive appearance. The alternation of wood and glass surfaces imparts a rhythm to the building and connects it to the surrounding park. The modern and sensitive architecture of Gösta's Pavilion has been widely praised. Eventually Gösta and his son realized the dream of their three generations: establishing museums to support Gustaf's belief that Finland's future is education and culture. In today's trip, we will hear more about the story of legends and then we will visit the collections of museum.

## Petäjävesi Old Church - World Heritage Site by UNESCO

Petäjävesi old church has been listed as a World Heritage Site by UNESCO. Built in 1763-1765, this Lutheran church combines the Renaissance and Gothic architecture ceiling-shaped to document the unique Scandinavian traditional architectural style. The church also houses the portraits of Moses and Martin Luther drawn in 1843. The cultural heritage has been left from the war and fire and has stood for centuries. When kids stand there, the tranquility children feel will beyond the religion. Gently touch the praying chair that is getting pale with time goes by, they can feel that they are joining and witnessing the changing of historical torrent.

## Rantapirtti Inn

Just a 15-minute drive from the Petäjävesi Old Church, we can reach the Rantapirtti Inn. In addition to delicious meals, the Rantapirtti Inn also takes guests on a variety of outdoor activities. We will first enjoy a delicious lunch in a special style Rantapirtti restaurant, after that a professional team leader will lead us to do the fun snow event. The Rantapirtti is a unique restaurant visited by many Finnish people. Because of its very local style, it is also the reason we want to bring you experience!

## Husky Sprint Ride with Alaskan Dogs

Have children only seen the Huskies sled in the movie? Get ready for their warm clothing; let us go with a loyal and strong Huskies pulling a sled in the forest for a special experience. If children are brave enough to be the leader on a sled, we will also teach them how to control your dogs to turn, stop, etc. to accept their order. Or kids and their companions are sitting on a sled and enjoying the pure fun of a fairy tale-like feeling. This is another very special and dream come true experience.

## Ice Fishing on the Icy Lake

Maybe kids have had the experience of fishing, but the cool thing is to experience the fun of cold ice fishing. The coach will how kids how to drill a hole on the frozen lake, put on the fishing tackle, and guide everyone how to observe if the fish is hooked and how to pull the hook. We will prepare the hot tea for the cold day. Even if the lake has been frozen to a thick layer, but children will still have the tense illusion of standing on the thin layer of the lake.

## Polar Night Tour - Walking in the Traditional Finnish Town

The traditional Finnish town of Jämsä, only 7 km from Himos, can be seen just in one-kilometer walking distance. In the deep winter in the polar night, on the road almost every house took Christmas bulbs to decorate their home, yard and the darkness. A town has been covered by the thick snow brings children a fairy tale-like scene and warm feeling in the deep winter.

## Visit Jämsä Preliminary or Secondary School

We will take the children to the lower and upper comprehensive schools in Jämsä. The school offers from Monday to Friday, 9 am to 2 pm, giving students from all over the world the opportunity to participate in Finnish school courses. Students aged 6-12 are grades 1-6, and students aged 13-16 are grades 7-9. The class is based on the Finnish teaching method, and the basic English is the main language to enhance the English oral ability of the children. The course is diverse in content, including natural, art, crafts, health, Finnish culture and society, physical education, music and cooking classes. Teaching and lunch will take place with Finnish students. The opportunity to go directly to the Finnish school is not easy. In recent years, Jämsä City Hall has promoted the educational travel course, which enables students from all over the world to have more opportunities to understand the essence of Finnish education.

## Visit Moose Manor Animal Park

Does Santa Claus ride a reindeer or a moose? What is the difference between the two? What is the special about feeding and living? The Moose Manor Animal Park, just 10 km away from Himos, let kids learn about the common animals in Finnish forests. There are animals such as reindeer, roe deer and moose in the manor. Children cannot only see the animals what kids read only in the storybook, but also feed and pet them, and even take a cute selfie with them! The dream of realizing a fairy tale is as simple as that. The Finnish decree has been amended and this Moose Manor Animal Park is the only place in Finland where you can get close to the moose, so this trip is very precious.

# Visit Numolandia Farm

Numolandia Farm, the farm owner is not only a member of the Green care Finland but also a nurse, dedicated to protecting the lives of nature and animals. There are nearly 50 animals and horses on the farm, the animals can move freely on the farm, and the farm owner will guide the children to understand and close to different animals and observe the characteristics and lifestyles of different animals. Children can feed or take care for small animals, such as rabbits, based on the child's bravery. Under the guidance, children can ride a small donkey or a pony depending on their height and acceptance. Just like the simple and dedicated Finnish, there is not much fancy equipment here, only focusing on the contact between animals, nature and human beings, which is very suitable for children to get to know natural animals in a comfortable environment.

## Cross-country Skiing

Cross-country skiing is a very traditional Nordic skiing sport and one of the winter Olympics events. We will put on the skis and use the poles. Under the guidance, we will take our first shot on learning this physical activity on slippery snow. This activity requires physical strength, but don't worry we will wait for kids.

## Final Dinner and End Ceremony

It is always hard to say goodbye ! At the farewell dinner party, we will enjoy the delicious food prepared by Himos. Children have been together for a week, at this moment, everyone can share the feeling of this trip,

tell the story what you had in this week. So that the farewell is no longer in a hurry ! We will also issue a Himos experience certificate to the children, to keep permanent memories. So warm arrangement, let this trip draw a beautiful ending, and look forward to see you again!

# **Expense description:**

# Fee included:

Training fees and training tools, accommodation and meals (7 days for accommodation, 7 times for breakfast, 6 times for lunch, 7 times for dinner), entrance tickets for the courses, necessary transportation costs for the round-trip from training camp to Himos, cleaning service fee after check out and all the administrative arrangements, etc.

# Fee does not include:

- 1. Round-trip fly tickets, airport pick-up fee, transportation fee to the airport after leaving Himos, visa fees, insurance fees, all private expenses: such as internet, telephone, laundry, warm clothing and other private expenses.
- 2. Airport pick-up and transportation to the airport after leaving Himos can be provided on demand but need to pay and must be agreed upon before signing the contract.

# How to pay:

- 1. Please contact the contact person first to confirm whether there are still have any vacancy and exact time schedules of the camp, as well as the items need to be adjusted and the final price.
- 2. After all the discussion and reach the agreement, we will provide relevant remittance information and sign the contract.

## **Reminding:**

- 1. Please bring warm clothing for outdoor activities.
- 2. If children have special physical health conditions or need to pay attention to food, especially children who are allergic to animals, please inform in advance.
- 3. The accommodation arrangement during the trip is to live in a Nordic style wooden cottage with the partners of the camp. If need a single room or other special requirements, need to agree before the trip, and the price will be adjusted according to the needs.
- 4. The first day can be checked in at 16:00 PM. and the last day before 12:00 PM. needs to leave the cottage.
- 5. Towel and bath towel are available in the cottage. Please bring your own bath gel, shampoo, toothbrush and toothpaste.
- 6. Dishwasher, coffee machine, electric stove, refrigerator, sauna etc. are available in the cottage. Please follow the instructions. Not all cottages have Wi-fi. If need, please let us know in advance and the price may be adjusted.
- 7. The camp date is for reference only. The specific time of the trip may be adjusted according to the situation. If there is any adjustment, it will be notified in advance.
- 8. The daily schedule may be adjusted optimally according to factors such as weather; the adjustment will not harm your interests and adjusts with the same level of planning.
- 9. To attend primary and secondary schools or vocational schools, need to participate in the curriculum in line with the school's teaching progress. Therefore, if have need for special courses, need to be inform for arrangements beforehand.
- 10. After the contract, any expenses incurred due to personal factors will be charged.

# Contact and appointment staff:

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