

ENVIRONMENTAL CAMP SCHOOL

Age Group: Recommended from 15 yo. to adult

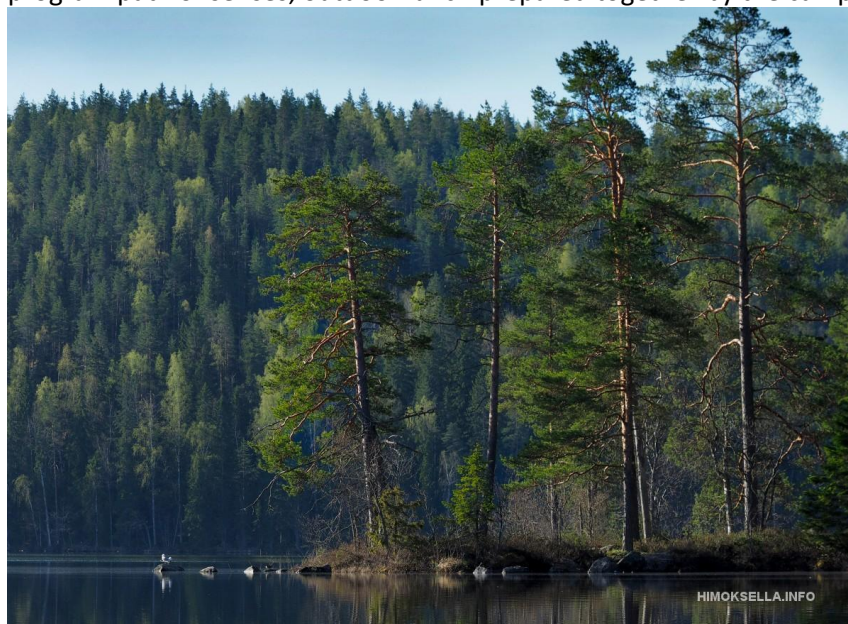
Duration: 6 days & 5 nights

Number of Group: Min. 20 people

Available: May – Mid. June, August-September

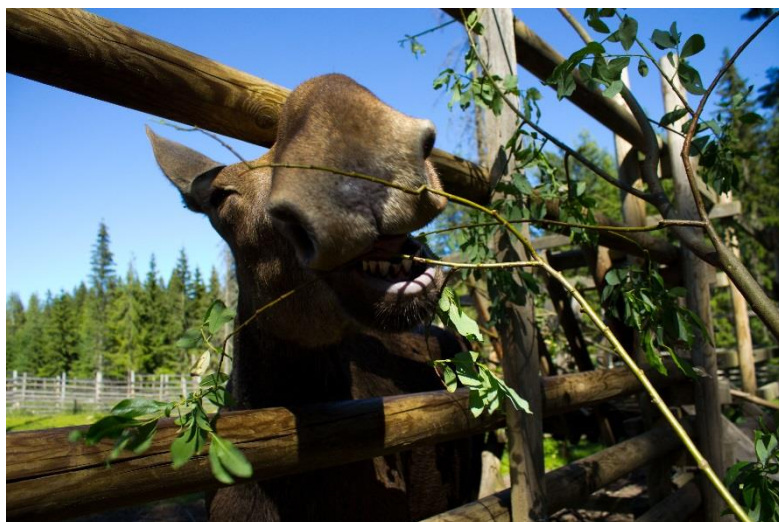
SUGGESTED ITINERARY

DAY 1	16:00	Arriving in Himos, check-in
	19:00	Dinner and welcoming words
DAY 2	8:00	Breakfast
	9:00	Upper Secondary School Gradia Getting to know the school and the learning methods
	11:00	Finnish system of recycling materials and utilization forward
	12:00	Lunch
	12:00	The bio-economy and bio-energy Hands on visit to green houses
	16:00	Visit to museum "Jämsä stonebank" with the school members
	17:00	Dinner
DAY 3	8:00	Breakfast
	10:00	Guided Excursion to the wilderness at Isojärvi National Park, exploring the nature with a program path of senses, outdoor lunch prepared together by the campfire.



*photo from resort web-release www.himoksella.info

15:00	Ecosystem lessons at Gradia premises
17:00	Visit to Moose Manor, feeding and petting the moose, reindeer and roe deers
18:00	Dinner at Restaurant Moose Manor



19:00 Swimming in the lake, Finnish games and relaxing at sauna yard

DAY 4

8:00 Breakfast
 9:00 Departure to Toijalanranta - a natural swimming beach surrounded by forest. On the beach we will compete in a team building type problem solving competition in the nature, guided by the Gradia teachers
 12:00 Outdoor lunch
 13:00 Frisbeegolf, forest games, fishing in the clear water – at the same time introduction on Finnish way of respect for nature and how we try to preserve it daily.
 18:00 Dinner
 19:00 Canoeing trip in the white night, learning the basics of paddling.

DAY 5

8:00 Breakfast
 9:00 See and sense how the traditional Finnish smoke sauna is being light up. The smoke sauna is a traditional bathing place for Finnish. The first known smoke saunas go back centuries. There is 1600 kg of stone in the stove of Himos smoke sauna by the lake. The sauna master will heat the sauna the whole day to be ready for bath in the evening for us
 9:30 The Domestic Animal Park and home yard Nurmolandia, where we will see and pet Finnish domestic animals while learning about their living conditions.
 12:00 Lunch
 13:00 Soft survival course. Learning to set up a campfire safely, how to tell the age of a standing living tree, different animal beddings and nests.
 16:00 Fishing from the pier. We will dig out the worms ourselves and throw the lines in the lake with wishes of catching some.
 18:00 Dinner

19:00

Smoke sauna is ready for us



Possibility to have a bath in the hot smoke sauna. The sauna master will show us how to use "vihta" – a sauna whisk. According to an old tradition, vihtas are usually prepared after Pentecost, which takes place fifty days after Easter, usually in the first half of June. The vihta is made of birch twigs and used to massage a bather's skin and generate heat. Also cooling down and swimming in the lake. Guests are required to wear swimsuits in this program.

DAY 6

8:00

Breakfast

9:00

Departure to Art Town Mänttä

10:00

Camp school and pupil program at Serlachius Museums

Serlachius-museum Gustaf

Historic details are being reviewed and learnt in an amusing manner. The guide leads the group in the museum and tells exciting tales about the history of the estate and its founder. On the way we will pop by in the strongly dramatized emotions of the main exhibition, do some functional chores and see artwork. The exact content of the program is tailored according to the age of the participants.

Making paper with your own hands -workshop

In the paper workshop you will get to make paper with your own hands. In the workshop you can craft a paper sheet or a flower for a souvenir to take home to. Working in the paper workshop is suitable for all ages.

The day continues at Serlachius-museum Gösta

Lunch at restaurant Gösta

Guided tour to the art secrets at museum Gösta

In the pupil guidance we will get to know the museum with principle "search, notice and find". Our goal is to make pupils become aware of and enjoy art. The spirit on the tour is playful, activating and encouraging one to make own insights.

Snack at restaurant Gösta

Making portraits with tablet -workshop

Let's dip ourselves into the colourful world of media art and make a portrait of ourselves in the spirit of pop-art. In the workshop we will take a picture of oneself which is being modified with bright colours adding and highlighting details. The work continues from examining photographs into their modification with personal touch.

Dinner at Gösta Pavillion or in the idyllic Autereen Tupa -cottage

Programs and meals altogether approximately 5 hours, on top of that some independent time for shopping at the museum shop and getting to know the sculpture park.

DAY 7 8:00 Breakfast
 10 – 12:00 Check-out

PRICE:

INCLUDED:

Accommodation in a cottage or apartment with sauna, full equipped kitchen, tv, shower, toilet, bedlinen, end-cleaning

Two people per bedroom in a HIMOSPORT 8 - 10 ppl apartment for example

URL:

<https://winres.himoslomat.fi/shops/acc/himos/ProductDetails.aspx?d=HLSP01&p=M10&l=en>

Mentioned program and meals

NOT INCLUDED

Transfers (can be arranged for extra charge according to your arrival/dept time.)

BOOKINGS

Himos Holiday Ltd.

Länsi-Himoksentie 4, 42100 Jämsä

www.himosholiday.com

Tel. +358 20 711 9230

PRODUCERS

GRADIA EDUCATIONAL CONSORTIUM, VOCATIONAL INSTITUTION OF JÄMSÄ

The teachers of Gradia have professional qualifications and know-how to guide and teach children and young adults in an interesting and supporting manner with concrete exercises for ecological activities and living environment, respect for nature and the skills of nature, as well as the overall well-being of man, taking into account the bioeconomy in a holistic way.

The Jyväskylä Educational Consortium Gradia is a pioneer in Finnish education system.

The foundation for all operations in Gradia is the student and working life orientation, the commitment of the management and the staff, and organized evaluation and development. The students, staff and co-operators are being treated fair and equally. The goal is a prosperous, service-oriented and open learning community, which is responsible for the quality of work, taking into account the principles of sustainable development.

Educational Consortium Gradia renews learning and working life. Gradia provides students of all ages as well as corporate customers with opportunities to develop their competence and business. It belongs to the five of biggest vocational studying institutes. Gradia has about 5,000 young people and 10,000 adults in vocational education. Gradia's upper secondary school has 2,500 youth students.

HIMOS HOLIDAY LTD.

Central Booking for accommodation and activities in Himos holiday center.

Himos Holiday (HimosLomat) is a central booking company for accommodation, safaris and restaurant services in Himos.

Himos holiday center in the Lakeland West area is located in Jämsä, southern Central Finland just 2,5 hours from the capitol. Himos is known for its ski-slopes in the winter and a lovely mix of relaxing vacations and buzzing weekend events in the summer.

The family-run company has been established in 1989 and is the largest accommodation provider in the region. The company offers altogether around 3500 bed places in 400 cottages and rooms.

Our flexible company hosts large MICE-events as well as exciting activities for smaller individual groups. In 2016 the company was nominated for a FinRelax-diploma for its Forest Bath-experience and in 2017 our festival venue Himos Park was chosen the best in the category for large events in Evento Awards.

We work closely together with local subcontractors to provide unforgettable experiences in the safe, fresh and pure environment of Jämsä



URL Liiteri-restaurant: <http://www.himoslomat.fi/fi/ravintolat/ravintola-liiteri/>

URL Felt: <http://www.jamsa.fi/ostokset/huopaliikkeet>

URL Moose Manor: <http://hirvikartano.fi/>

URL Smoke sauna <http://www.himoslomat.fi/fi/yritykset/saunat/>

URL Serlachius-museums <http://www.serlachius.fi/fi/>