

GRADIA

JÄMSÄ



KESKI-SUOMEN LIITTO  
Regional Council of Central Finland



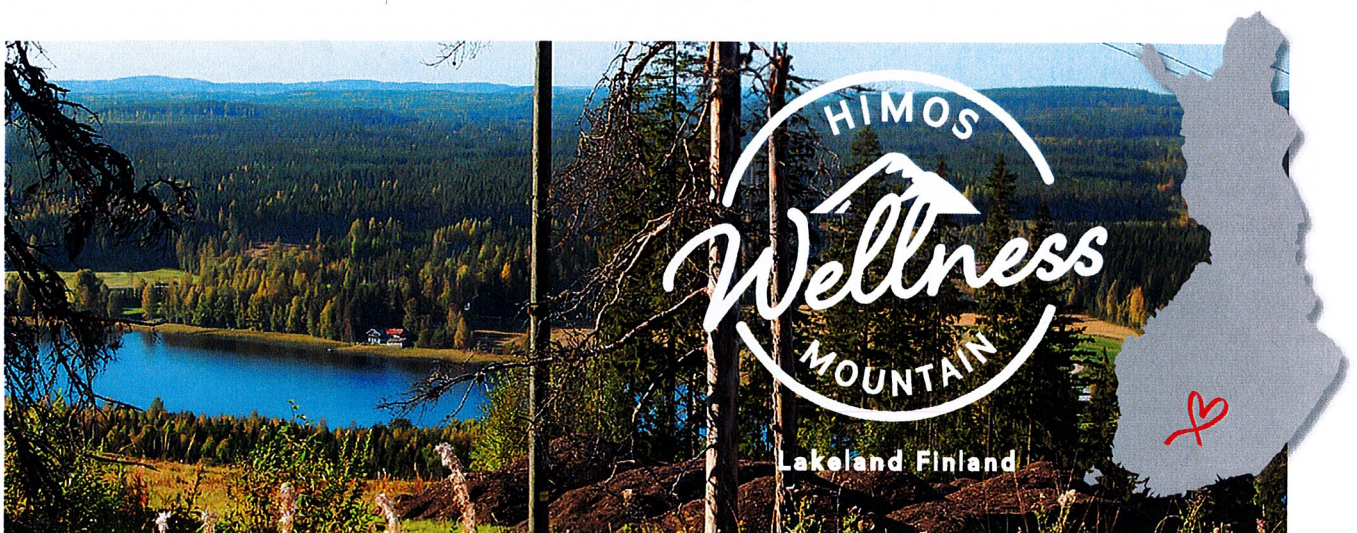
HIMOS  
HOLIDAY

EDUCATION

## Into the Nature Campschool

Welcome to experience the famous Finnish education first hand and to enjoy the pure and safe environment of Himos Nature Resort in the countryside just 2,5 hours from the metropolitan area.

We combine high quality education programs and enjoying the freshness of the surroundings to plan a wonderful autumn camp. In addition to the children's experience of the most interesting forest sports, a series of courses based on the PBL teaching method in Finland are arranged to enable children to get the best learning results in the subtle way. We dig deep to the rural way of living that respects the nature and also visit schools to develop an international perspective for children before they start another stage of their life.







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Welcome to join us!

## CAMP PROGRAMME

### PRACTICAL PROGRAM

Time table per detailed suggested itinerary on separate page.

### PRICE PER PERSON

1690 € / 6 nights  
Prices include value added tax  
Net price

### Price includes

Mentioned activities, all necessary transfers  
Accommodation in wooden Nordic style cottages, shared with other camp members

### Dining

Breakfast x 6, dinner x 6, lunch x 5 are included in the program  
Meals can take place in several restaurants  
Allergies and special diets need to be requested in advance.

### Please note

The order of activities will be confirmed according to the requested dates and availability.  
A variety of leisure activities can be booked by the guest in Himos Center reception for extra charge.  
Single accommodation can be provided by supplement charge



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## SUGGESTED ITINERARY

Please note the final order of activities will be confirmed according to the dates

Morning	Afternoon	Evening
16:00 <b>Arrival and Check-in start</b>		19:00 - 20:30 <b>Welcome meeting, dinner</b>
8:00 - 9:00 <b>Breakfast</b> 9:00-13:00 <b>Isojärvi National Park</b>	13:00 - 14:00 <b>Lunch</b> 15:00-18:00 <b>Sauna and swimming, line and hook fishing from the pier</b>	19:00-20:00 <b>Dinner</b>
8:00 - 9:00 <b>Breakfast</b> 9:00-12:00 <b>Archery, Climbing Wall</b>	12:00-13:00 <b>Lunch</b> 14:00-17:00 <b>Kayaking, snack by the campfire</b>	19:00-20:00 <b>Dinner</b>
8:00 - 9:00 <b>Breakfast</b> 9:00-12:00 <b>Serlachius Museum Gustaf</b>	13:00 - 14:00 <b>Lunch at Serlachius Museum restaurant Gösta</b> 14:00-16:00 <b>Serlachius Museum Gustaf</b>	19:00-20:00 <b>Dinner</b>
7:45-8:30 <b>Breakfast</b> 9:00 - 9:30 <b>Introducing to the local school</b> 9:30 - 9:45 <b>School break</b> 9:45 - 10:30 <b>Lesson</b> 10:30 - 11 <b>School Lunch and break</b>	11:00 - 11:45 <b>Lesson</b> 11:45-12:00 <b>Break</b> 12:00 - 12:45 <b>Lesson</b> 12:45 - 13:00 <b>Break</b> 13:00 - 13:45 <b>Lesson</b> 13:45 - 14:00 <b>Break</b> 15:00 - 17:00 <b>Visit Moose Manor estate and moose park</b>	19:00-20:00 <b>Dinner</b>
7:45 - 8:30 <b>Breakfast</b> 9:00 - 12:00 <b>Flower bouquets, bioenergy and green houses</b>	12:00-12:30 <b>Lunch</b> 12:30 - 15:00 <b>Forestry class</b> 15:30 - 18:00 <b>Building shelters for domestic animals at Nurmolandia husbandry farm</b>	19:00-20:00 <b>Dinner</b>
8:00 <b>Breakfast, summary of the camp, check-out</b>		



## **ISOJÄRVI NATIONAL PARK**

### **Day in Isojärvi National Park - Field skills Learning**

We conduct forest field skills training in the National Park Isojärvi. The hidden wilderness treasure Isojärvi offers rugged ravine valleys, vast forests and a clear watered streams and lake. Professional coach will tell us about the beauty and knowledge of the forest, as well as the skills to survive in the wild. The important response protection actions when facing of forest wildlife.

## **SAUNA AND SWIMMING**

Sauna is an important part of Finnish state of mind and culture. The "forefather" of saunas is the smoke sauna, a traditional form of sauna without a chimney. In the massive stove of the Himos smoke sauna we have over 1600 kg of stone to provide you a long soothing bath for hours. You can have a swim in the lake from the pier in front of the sauna and maybe try some simple line and hook fishing.

## **ARCHERY, CLIMBING WALL**

An exciting but safe adventure day for groups in a beautiful settings of Särkisaari campcenter. An exciting climbing course in the middle of the forest, archery for the steady hand-and-eye coordination and the paddling with canoes guarantee a fun, refreshing and enticing day in unforgettable settings

## **SERLACHIUS MUSEUMS**

The guide leads the group in the museum and tells exciting tales about the history. On the way we will pop by in the strongly dramatized emotions of the main exhibition, do some functional chores and see artwork. In the paper workshop you will get to make paper with your own hands and craft a souvenir to take home to. In the guided tour to the art secrets at musem Gösta we will get to know the museum with principle "search, notice and find". The goal is to make pupils become aware of and enjoy art. The spirit on the tour is playful, activating and encouraging one to make own insights. Finally we will dip ourselves into the colourful world of media art and make a portrait of ourselves in the spirit of pop-art. The work continues from examining photographs into their modification with personal touch.

## **SCHOOL DAYS**

The lower and upper comprehensive schools of the city of Jämsä will provide teaching for the lower comprehensive level which contains grades 1-6, 6 to 12 years of age students and the upper comprehensive level grades 7 to 9, 13 to 16 year old pupils. The objective in the school day programs is to provide students with basic English language skills and develop their oral English language skills, as well as teach them the significance of nature for a human's well-being, as well as provide guidance in the adoption of Finnish methods of learning. Nature and Himosvuori are an essential part of the learning environment, along with all of its many possibilities. We can assure you that every child will gain valuable insights into learning and social interaction. The course days consist of interactive classroom lessons, but in addition to practical exercises, the motivation to learn is brought by excursions, where you can get to know the Finnish school life.

## **NURMOLANDIA HUSBANDRY FARM**

When is the last time you held a live chicken in your hand, stroking softly its feathers? In Nurmolandia pet farm you are getting up close and personal with the domestic animals that are essential to the countryside living. While learning about the animals you will also help them by building sun shades for the sheep with your own hands out of wicker wood. Nurmolandia is not only a farm but a home for its owner Eva and her husband and children.

